

Sponsorship and gift aid form



Please sponsor _____

In aid of Healthy Options

Every year, Healthy Options supports around 400 people in the Oban and Lorn area who have, or are at risk of developing, life-long health conditions. It costs over £200,000 a year to deliver the specialist service of tailored exercise and education programmes which clients often describe as 'life-changing'. This year Healthy Options is asking the local community to help support its work. For more information on our campaign visit lornhealthyoptions.co.uk/campaign

Full name <i>(first name & surname)</i>	Home address <i>(required if gift aiding)</i>	Postcode	Donation £	Gift Aid?*	Date paid
				✓	

* If I have ticked the box headed 'Gift aid' I confirm that I am a UK Income or Capital Gains taxpayer. I have read this statement and want Healthy Options to reclaim tax on the donation detailed below, given on the date shown. I understand that if I pay less Income Tax / Capital Gains Tax in the current year than the amount of Gift Aid claimed on all my donations, it is my responsibility to pay any difference. I understand the charity will reclaim 25 p of tax on every £1 that I have given. **You must provide your full name, home address and postcode, and tick the 'gift aid' box for Healthy Options to be able to claim tax back on your donation.**